

# *Week 6 - A New Outpouring*

## *Day 38*

**Read:** Psalm 136

Adoration, Confession - today is Thanksgiving. Thanksgiving is instructed in Philippians for every time we pray. Thanksgiving to God should be part of all our conversations with Him in prayer.

Miriam sang a song of thanksgiving when they made it through the red sea that the whole nation joined in with; Mary sang a song of thanksgiving to God with her cousin Elizabeth in the midst of great uncertainty; the psalmists constantly remind themselves to give thanks to God even when pouring out their angst; Paul thanks God all the time for the people that God has brought into the kingdom; the communion table is established for us to give thanks to God...the list goes on.

There is so much in our lives to be grateful for. Today let's give thanks.



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**Prayer:** Adoration. Spend some time in adoration to God. If you need to, grab a Psalm and read out the verses that ascribe greatness to Him.

Confession. Humble yourself under the mighty hand of God and confess anything in your heart and mind that is not of Him.

Thanksgiving. Today, spend the bulk of your time here. Don't rush off. Discipline yourself not to look at what isn't, but only what is. Start with the macro - give Him thanks for the things you love about creation. The things you love about His salvation. The things you love about our nation. The things you love about our town. The things you love about your work. The things you love about church. The things you love about your household. The things you love about your family. The things you love about you.

Consciously take this posture of thanksgiving with you throughout the day, and continually thank God for all you see around you.